Body and mind

“Jeg har lyst til at kysse dig, men kan ikke huske, hvem du er”
Hun tændte lyset for at se om det var mørkt men så kun natten strømme ind og snefnug falde.

Og døren græd på sine hængsler da hun gik og hendes hænder tømte rummet for musik

Før hun blev et med intet og med alt og alle.

Halfdan Rasmussen – a poem about his wife who suffered from dementia
David Cameron

*dementia is one of the greatest enemies of humanity*

He pledged to:

- accelerate progress on dementia drugs, by increasing funding and making new drugs more accessible.
- find a cure by 2025.
- Establish a World Dementia Panel and an EU Joint Action on dementia
- 16th – 17th of march first Ministerial Conference on Global Action Against Dementia

Dementia must be declared a public health priority by initiating national debates regarding the future provision for long term care. So far, only 13 out of 193 WHO countries have national dementia plans in place.

All countries, not just those in the G8, must commit to comprehensive plans for collaborative action. International cooperation will be essential and there is a need for a global action plan between governments, industry and non-profit organisations like Alzheimer associations.

ADI (Alzheimers Disease International) 2013 in cooperation with WHO
Dementia – a public health priority problem (WHO)

National Action Plan for Dementia
The Nordic “Agequake”

The Nordic population of persons aged 65+ will increase up to 25 % from 2014 to 2050

Worldwide 2 billion people will be 65+ in 2050

...... and dementia will be a big global public health challenge

according to World Economic Forum report
## Persons diagnosed with dementia

<table>
<thead>
<tr>
<th>2012</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Denmark</td>
<td>85.562</td>
</tr>
<tr>
<td>Finland</td>
<td>92.232</td>
</tr>
<tr>
<td>Iceland</td>
<td>3.922</td>
</tr>
<tr>
<td>Norway</td>
<td>77.158</td>
</tr>
<tr>
<td>Sweden</td>
<td>173.135</td>
</tr>
</tbody>
</table>
A New Nordic Dementia Network

Goal

• Designed to improve the system of care for individuals with dementia in the nordic countries

• To accumulate experience and knowledge of dementia and share it among caretakers, politicians and users organizations in the nordic countries

• Focus on dementia in general but a special focus on minority groups, where it seems difficult to develop evidencebased way of working
A New Nordic Dementia Network

Knowledge, information and communication

• Ensuring share of knowledge about dementia in the nordic countries, sharing best practice and research results

• Increasing and improving information and communication about dementia

• Contributing to the development of the Nordic Welfare Model

• Countering the cost caused by the increasing number of people with dementia in the Nordic countries
A New Nordic Dementia Network

Project 2015 - 2017

• Establishing the network

• Establishing professional working groups

• Publishing articles and newsletters on dementia

• Organising workshops and seminars on the topic

• Participating in conferences to spread the results
The Coordinating Group

Centre of Nordic Welfare and Social Issues
1 person, Secretariat and communication

Authorities
1 participant from each country/autonomous country

National Dementia Research Centres
1 participant from each country/autonomous country
Working Groups – so far

• Mentally disabled persons with dementia
• Ethnic minorities with dementia
• Welfare technology and dementia
Upcoming working groups

• Deafblind persons with dementia
• Family caretakers – problems and solutions
• Teaching and learning materials for caretakers
• Dementia in young age
• Volunteers in the longterm care
Attention and focus

• Guidelines International Network

• EU Joint Action on Dementia – should there be Nordic ambassadors in the Joint Action Groups?

• World Dementia Panel

• Metastudies on research

• Quality
  Share, development, invention, improvement
Best practice

Use of therapydogs in care of people suffering from dementia
Best practice

Memory dancing - Teaching how to stimulate persons with dementia by dancing
Sharing links and material

Minner i bilder
Bildebok for personer med demens
Focus on internordic education and training

Swedish specialist education imported to Japan and Germany – why not to the nordic countries?
Sharing knowledge on studies to improve care and treatment

Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER)

Age-related hearing impairment – a risk factor and frailty marker for dementia and AD

Ultrasound treatment against alzheimer - opens blood-brain barrier
Next meeting, Reykjavik

4th and 5th of May

At Hotel Blu Radisson Saga Reykjavik

..........We still look for icelandic members
þakka ykkur aftur fyrir komuna.